

AQA – GCSE Physical Education

Course Overview GCSE PHYSICAL EDUCATION - AQA 8582		
Year 9	Theory component	Practical component
Spring 1	<ul style="list-style-type: none"> • Fitness and training 	<ul style="list-style-type: none"> • Table Tennis
Spring 2	<ul style="list-style-type: none"> • Fitness and training 	<ul style="list-style-type: none"> • Table Tennis
Summer 1	<ul style="list-style-type: none"> • Movement analysis 	<ul style="list-style-type: none"> • Athletics
Summer 2	<ul style="list-style-type: none"> • Movement analysis 	<ul style="list-style-type: none"> • Athletics

Year 10	Theory component	Practical component
Autumn 1	<ul style="list-style-type: none"> • Health and Well-being 	<ul style="list-style-type: none"> • Rugby/Netball
Autumn 2	<ul style="list-style-type: none"> • Health and Well-being 	<ul style="list-style-type: none"> • X-country/Badminton
Spring 1	<ul style="list-style-type: none"> • Sports Psychology 	<ul style="list-style-type: none"> • Hockey
Spring 2	<ul style="list-style-type: none"> • Sports Psychology 	<ul style="list-style-type: none"> • Football
Summer 1	<ul style="list-style-type: none"> • Socio-cultural Studies 	<ul style="list-style-type: none"> • Analysis and improvement task
Summer 2	<ul style="list-style-type: none"> • Socio-cultural Studies 	<ul style="list-style-type: none"> • Analysis and improvement task

Year 11	Theory component	Practical component
Autumn 1	<ul style="list-style-type: none"> • Body Systems 	<ul style="list-style-type: none"> • Netball/Rugby
Autumn 2	<ul style="list-style-type: none"> • Body Systems 	<ul style="list-style-type: none"> • Football/Hockey
Spring 1	<ul style="list-style-type: none"> • Movement Analysis 	<ul style="list-style-type: none"> • Moderation preparation
Spring 2	<ul style="list-style-type: none"> • Fitness and Training 	<ul style="list-style-type: none"> • Moderation
Summer	<ul style="list-style-type: none"> • Revision 	<ul style="list-style-type: none"> • Revision