

## PE KIT POLICY

### **Required PE kit:**

Royal blue, Burgate School Rugby shirt.

Plain, navy blue shorts.

Plain, royal blue Football socks.

Sports trainers

Studded footwear

Plain, white, collared polo shirt.

### **Additional information:**

In line with NGB advice and National guidelines for PE teachers, we recommend that all students wear shin pads for Hockey and Football, and gum shields for Hockey, Rugby.

Gum shields are strongly recommended for all students, and it is an RFU requirement of those representing the school playing competitive Rugby.

Gum shields which can be purchased from the PE Department at the cost of £4.

During the winter students are permitted to wear additional layers underneath their required school kit. But these must be plain and dark in colour with no large branding or logos. As a rule of thumb we suggest that temperatures below 8 degrees are cold enough to warrant these additional layers.

During unusual extremes of weather additional clothing may be worn, this is at the discretion of the teacher in charge.

## NON-PARTICIPATION POLICY

In the event of *short-term* illness/recovery needing rest from an activity (i.e. one or two lessons) the following procedures should be adhered to;

- Students should report to their teacher at the start of the lesson.
- The nature of the illness/injury should be detailed in a letter from the students' parent/guardian.
- If a student does not have such a letter, they student may still be asked to participate in the lesson.
- If excused, the student will still become involved in the lesson through coaching and officiating.
- **The students should still participate in an appropriate change of clothing from their school uniform. Tracksuit, sweatshirt and outdoor coat are all suitable PE kit to bring to ensure a student stays warm and dry when they are not playing a fully active role in the lesson.**

- In the event of a lesson in which planning and evaluating are not appropriate, the student may be given a written worksheet to complete relating to their area of activity.

If the student is unable to take part in physical activity for a *mid- long-term* duration (2 weeks or more), the following procedures should be noted;

- A medical certificate or doctor's note must be produced.
- Students will take part in the lesson as much as possible in the planning and evaluating areas. If for any reason this is not possible they may be given a mini project or worksheet relating to their area of activity.

Alternatively the teacher may choose to use the student in helping with officiating or to assist in the timing or measuring of an activity, if this is considered to be more constructive to the student.

### ***Kit marks:***

In the event of a participating student bringing no or incorrect kit they will be given kit to wear and they will be marked on SIMS behaviour management as such. If a student who is excused from participating on medical grounds fails to bring appropriate kit they too will be given kit to wear and they will be marked on SIMS accordingly. Two kit marks in the register will result in a PE kit detention. Please ensure that you son/daughter always has the correct kit for every PE lesson regardless of whether they are actively involved or not.