



2023/2024

# Main school menu

# W E E K

# 1

<b>MONDAY</b>	<b>CHILI CON CARNE</b> <b>VEGETARIAN QUORN CHILLI</b> Brown and white rice Or nacho chips	<b>JACKET POTATO</b> With a choice of fillings  <b>Garlic Bread</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>TUESDAY</b>	<b>JUMBO SAUSAGES</b> <b>VEGAN SAUSAGE</b> Mashed potatoes Seasonal vegetables	<b>VEGAN KERALAN PASTY</b> Cauliflower, chickpea, and onion bhaji pasty	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>WEDNESDAY</b>	<b>BEST OF BRITISH ROAST</b> <b>CAULIFLOWER CHEESE</b> Seasonal vegetables, roast potato	<b>CHOICE OF PANINIS</b>  <b>Yorkshire Pudding</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>THURSDAY</b>	<b>SWEET AND SOUR CHICKEN</b> <b>CHEESY MASHED POTATO PIE</b> Brown and white Rice	<b>Spring rolls</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>FRIDAY</b>	<b>JUMBO FISH FINGER 'N' CHIPS</b> Choose from Peas, Beans or Curry sauce	<b>PASTA BAKE</b>	<b>ALLERGENS ARE DISPLAYED AT COUNTER OR YOU CAN REQUEST A COPY</b>



# WEEK

# 2

<b>MONDAY</b>	<b>CHICKEN STIR FRY</b> <b>VEGETABLE STIR FRY</b> Served with egg noodles and oriental vegetables	<b>CHOICE OF PANINIS</b>  <b>Vegetable spring rolls</b>	<b>PASTA STATION</b> Choice of 2 sauces
<b>TUESDAY</b>	<b>BAKED BEEF LASAGNE</b> <b>QUORN LASAGNE</b> Served with seasonal veg	<b>VEGAN KERALAN PASTY</b> Cauliflower, chickpea, and onion bhaji pasty  <b>Garlic bread</b>	<b>PASTA STATION</b> Choice of 2 sauces
<b>WEDNESDAY</b>	<b>BEST OF BRITISH ROAST</b> <b>QUORN SAUSAGES</b> Served with seasonal veg and Roast Potatoes	<b>CHOICE OF PANINIS</b>  <b>Yorkshire pudding</b>	<b>PASTA STATION</b> Choice of 2 sauces
<b>THURSDAY</b>	<b>KATSU CHICKEN CURRY</b> <b>QUORN KATSU CURRY</b> Brown and white Rice	<b>JACKET POTATO</b> With a choice of fillings  <b>Naan Bread</b>	<b>PASTA STATION</b> Choice of 2 sauces
<b>FRIDAY</b>	<b>JUMBO FISH FINGER 'N' CHIPS</b> Choose from Peas, Beans or Curry sauce	<b>PASTA BAKE</b>	<b>ALLERGENS ARE DISPLAYED AT COUNTER OR YOU CAN REQUEST A COPY</b>

# WEEK

# 3

<b>MONDAY</b>	<b>SOUTHERN FRIED CHICKEN</b> <b>TENDER STACK</b> <b>QUORN DIPPER SATCK</b> Served with potato waffle, with a choice of baked beans or peas	<b>CHOICE OF PANINIS</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>TUESDAY</b>	<b>CHICKEN TIKKA MASALA</b> <b>VEGETARIAN KORMA</b> With rice and roasted veg	<b>KERALAN PASTY</b> Cauliflower, chickpea, and onion bhaji pasty  <b>Naan bread</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>WEDNESDAY</b>	<b>BEST OF BRITISH ROAST</b> <b>VEGETARIAN SAUSAGE</b> Seasonal vegetables and roast potato's	<b>JACKET POTATO</b> With a choice of fillings  <b>Yorkshire pudding</b>	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>THURSDAY</b>	<b>PORK MEATBALLS</b> <b>VEGETARIAN MEATBALLS</b> With Spaghetti and a choice of veg or salad	<b>CHOICE OF PANINIS</b>  Garlic bread	<b>PASTA STATION</b> <b>Choice of 2 sauces</b>
<b>FRIDAY</b>	<b>JUMBO FISH FINGER 'N' CHIPS</b> Choose from Peas, Beans or Curry sauce	<b>PASTA BAKE</b>	<b>ALLERGENS ARE  DISPLAYED AT  COUNTER OR YOU  CAN REQUEST A COPY</b>

# BURG-EAT Jacket potato MEAL DEAL

---

## JACKET POTATO

1 filling £1.75

2 fillings £2.00

Choose from  
Cheese, Tuna or  
Beans



# BURG-EAT Pasta MEAL DEAL

---

- Pasta and sauce or nut free pesto pot
- Mini flapjack, mini muffin, piece of fruit or small yoghurt
- Suso drink or can of water

•£3.00





# MAIN MEAL DEAL

---

MEAT OR VEGETARIAN MAIN WITH

- POTATO/RICE/SPAGHETTI
- 1 choice of vegetables

£3.00

